



Vjollca Berisha Avdiu

Address: 1 Tetori, 10000, Prishtinë, Kosovo

Email address: vjollca.berisha@universitetiaab.com **Phone number:** (+383) 44308605

Gender: Female **Date of birth:** 16/07/1982 **Nationality:** Kosovar

WORK EXPERIENCE

[01/11/2021 – Current] **Psychology lecturer - Part-time**

AAB College

Country: Kosovo

Main activities and responsibilities:

Currently teaching a Course Praktikum 1.

[01/07/2005 – Current] **Psychologist at the Psychiatric Clinic - Child and Adolescent Mental Health Center, Prishtine.**

University Clinical Centre of Kosova

Address: Prishtinë, Kosovo

City: Prishtine

Country: Kosovo

Main activities and responsibilities:

- Clinical assessment of children and adolescents; family systems.
- Counselling and psychotherapy.
- Psychoeducation.

[20/12/2021 – 23/12/2021] **Trainer**

Daycare Center "Pema"

City: Prishtinë

Country: Kosovo

Main activities and responsibilities:

Training on topics:

1. Psycho-Social Counselling
2. Challenging Behaviors Management and Increasing Independence in Children With Special Needs

[23/06/2021 – 26/06/2021] **Consultant**

Terre des hommes

City: Prishtinë

Country: Kosovo

Main activities and responsibilities:

Leading a webinar on "Trauma and Traumatic Grief in Children and Adolescents" in terms of a series of webinars called "Mental Health and Child Protection" provided by Childhub for child protection professionals, parents and other community members.

[21/01/2021 – 21/01/2021] **Guest lecturer**

Heimerer College

Country: Kosovo

Main activities and responsibilities:

A lecture with a topic: **Essentials of Nonverbal Assessment - Administering UNIT Test.**
The lecture was held in terms of the 7th. week of a Course: Personality and IQ Test in *The Psychology of Assessment and Intervention* Master Program.

[10/2009 – 02/2019] **Part of academic staff**

Dardania College

Address: Prishtinë

City: Prishtine

Country: Kosovo

Main activities and responsibilities:

In the first five years, worked as a teaching assistant.

The last five years in this period, taught BA courses in the field of *Applied Psychology and Managerial Studies*. Also taught a BA course in the field of *Social Care and Welfare*.

[05/2017] **Trainer/Consultant**

OFAP organization and UNICEF

Address: Prishtinë, Kosovo

City: Prishtine

Country: Kosovo

Main activities and responsibilities:

Held a four-day training to foster-families of Kosova on topics:

1. Adolescent children
2. Children with special needs

[10/2013 – 12/2013] **Consultant/Trainer**

Children for Tomorrow Kosovo

Address: Gjakovë

City: Gjakove

Country: Kosovo

Main activities and responsibilities:

Three training meetings in the period from 23.10.2013.-31.12.2013.

Consultant-trainer on administering the UNIT intelligence test for the three psychologists at the Children for Tomorrow Kosovo Organization in Gjakova.

[09/2012] **Trainer**

NGO "Autizmi"

Address: Prishtinë, Kosovo

Main activities and responsibilities:

Held a one-day training with a co-trainer on Assessment of Autism.

[09/2008 – 02/2012] **Psychologist**

"Amici dei Bambini" Kosova

Address: Prishtinë, Kosovo

Main activities and responsibilities:

Worked part-time in the position of a Psychologist at the NGO 'Amici dei Bambini' Kosova, which was in partnership with the Ministry of Labour and Social Welfare

- Offering consultation to foster-families related to fostered children
- Assessing needs of children in foster-care
- Providing occasional seminars with foster-families on various topics, such as "*Importance of schooling of children in foster-care*"
- Team-leading of the psycho-social staff of the 'Casa Famiglia'
- Advocating for children in cooperation with Social Work Center

[03/2011 – 03/2011] **Consultant-Trainer**

Association for Social Training, Research, and Advocacy - ASTRA

City: Prishtine

Country: Kosovo

Main activities and responsibilities:

Held a **three-day training** for the staff employed at local NGO "**SOS Familja**" and "**SOS Dielli**".

Topics: **Physical, psychological, social, and educational development of children of age 0 to 3 years and 4-18 year olds.**

[17/01/2005 – 30/06/2005] **Project Assistant/Translator**

"Confirmec" - awarded by the European Agency for Reconstruction in Kosovo

Address: Prishtinë, Kosovo

City: Prishtine

Country: Kosovo

Main activities and responsibilities:

- assisted and supported the Team Leader and International Experts in the implementation of daily project activities,
- assisted in the preparation of project reports;
- assisted in the preparation and delivery of training courses, including preparation of manuals, organization courses and teaching;
- assisted with interpreting and reporting on project meetings;
- provided administrative support for project activities, translated and edited project documents.

[07/2004 – 10/2004] **An Interviewer / fieldworker in a specific project in Country Needs Assessment in Research Project**

Vigan Behluli, www.prismresearch.ba

Address: Prishtinë, Kosovo

Main activities and responsibilities:

- Interviewing the professional staff of Mental Health Institutions and Organizations related to the situation of people with mental disabilities
- Interviewing parents of the children with mental disabilities
- Gathering information and reporting

EDUCATION AND TRAINING

[10/2019 – Current] **PhD Candidate in Psychology. Clinical track.**

Ss. Cyril and Methodius University.

Address: Skopje

[11/2017 – Current] **LICENSED by the Ministry of Health of Kosova as a SPECIALIST of CLINICAL PSYCHOLOGY**

[05/03/2021 – 05/03/2021] **Certificate of attendance. Training in relation to Security and Health at Workplace.**

B & M SH. P. K. www.bm-solutions.biz

Address: Prishtinë, Kosovo

Main subject / occupational skills covered:

1. Law related to Security and Health at workplace Nr. 04/L-161

2. S. & H. at work in hospitals

3. Managing S. and H. at work in hospitals

[12/12/2019 – 13/12/2019] **Certificate of attendance. Training: Intergenerational Traumatization, module II.**

The Kosova Rehabilitation Center for Torture Victims

Address: Prishtinë, Kosovo

[15/11/2019 – 16/11/2019] **Certificate of attendance in training: "Trauma Exposure in Children and Adolescents"**

Diakonie Kosova. Psycho-Social Center for Trauma Therapy.

[05/2019] **Certificate of attendance in the Continuous Professional Education. The 41st Module.**

Association of Psychiatrists of Kosova. Kosovo Doctors Chamber (KDC).

Address: Prishtinë, Kosovo

[2019 – 04/2019] **Certificate of attendance in the 40th module in the Continuous Professional Education.**

Association of Psychiatrists of Kosova. Kosovo Doctors Chamber (KDC).

Address: Prishtinë, Kosovo

[11/2018] **Certificate of attendance in the 39th module of the Continuous Professional Education.**

Association of Psychiatrists of Kosova. Kosovo Doctors Chamber.

[11/2018] **Certificate of attendance in the 38th module of the Continuous Professional Education.**

Association of Psychiatrists of Kosova. Kosovo Doctors Chamber.

Address: Prishtinë, Kosovo

[31/12/2017] **DIR Floortime Certificate of Proficiency**

The ICDL DIRFloortime.

[09/12/2017 – 11/12/2017] **Attended Training as an Interpreter on a topic Down Syndrome: Knowledge and Approach**

Down Syndrome Association of Kosova

Address: Prishtinë, Kosovo

[22/11/2017 – 23/11/2017] **Certificate of attendance in a training with a topic: "Trauma and Attachment"**

Diakonie Kosova. Psycho-Social Center for Trauma Therapy.

Address: Mitrovicë, Kosovo

[2013 – 2017] **SPECIALIZED IN CLINICAL PSYCHOLOGY**

Postgraduate Training in Clinical Psychology and Psychotherapy, a 3-year program

Address: Prishtinë, Kosovo

Main subject / occupational skills covered:

The *Postgraduate Training in Clinical Psychology and Psychotherapy* is 3-year program and consists of six constituent parts (Training, Supervision, Personal Therapy, Clinical Practice, Clinical Casework and Exam).

CPPK - a project of the Division of Clinical Psychology and Psychotherapy, University Basel, the Department of Psychiatry and Psychotherapy, University Hospital Zurich, the Department of Clinical Psychology at University of Amsterdam and the Kosova Health Foundation KHF, Pristina, supported by the Clinical Psychology Committee, Ministry of Health, Kosovo and funded by the Swiss Agency for Development and Cooperation DEZA.

[23/06/2016 – 25/06/2016] **Certificate of attendance in training: "Self-resonance, resonance in working with clients in difficult situations"**

Diakonie Kosova. Psycho-Social Center for Trauma Therapy.

Address: Mitrovicë, Kosovo

[31/12/2015] **DIR Floortime Basic Certificate**

The ICDL DIRFloortime.

[11/2013 – 12/2015] **A 3-Year Training in Trauma Therapy**

Diakonie Kosova, Psycho-Social Center for Trauma Therapy

Address: Mitrovicë, Kosovo

Number of credits: 25

Main subject / occupational skills covered:

Attended a 3-year Program on Trauma Therapy accredited by the Ministry of Health of Kosovo; attended 8 modules out of 9 modules with following topics:

"Introduction to Psycho-Traumatology" 16.11.2013.-17.11.2013.

"Phases of Stabilization in Trauma Therapy" 22.02.2014. - 23.02.'2014.

"Dissociative Disorders" 19.06.2014. - 21.06.2014.

"Personality Disorders" 08.09.2014. - 10.09.2014.

"Working with Resources and Preparation for Trauma-Confrontation" 05.12.2014. - 06.12.2014.

"Sexual Violence in Childhood, Adolescence and Adulthood" 16.04.2015. - 18.04.2015.

"Trauma Confrontation and Trauma Synthesis" 10.07.2015. - 11.07.2015.

"Trauma Confrontation with a Screen Technique" 20.12.2015. - 22.12.2015.

[27/11/2015 – 27/11/2015] **Confirmation for participating in Supervision.**

Diakonie Kosova. Psycho-Social Center for Trauma Therapy. Dr. Monika Maassen.

Address: Mitrovicë, Kosovo

[26/09/2014 – 26/09/2014] **Confirmation for participating in Supervision.**

Diakonie Kosova. Psycho-Social Center for Trauma Therapy. Angelika Behrenberg, Psychologist, Trainer

Address: Mitrovicë, Kosovo

[08/2014 – 08/2014] **Certificate of attendance. The beginner level of two-day training in ABA/VB.**

NGO "Autizmi"

Address: Prishtinë

Main subject / occupational skills covered:

Lesley Love. Lecturer of B'Ed (Hons) BcaBa

[27/06/2014 – 28/06/2014] **Certified that attended a Workshop on Metacognitive therapy (MCT)**

Address: Prishtinë, Kosovo

Main subject / occupational skills covered:

MCT theory/concepts and basic skills

MCT for depression

MCT for GAD

MCT for PTSD

And received: Supervision approved for 7 hours 29. June 2014.

The supervision was given as group supervision and the topic was primarily: Case-conceptualisation in depression/GAD. Roleplay and groupwork was included in the training with supervision.

Trainer:

Kim P. Augestad

MD - Specialist in Psychiatry

Cognitive Behavioural Therapist

Certified Supervisor in CBT

MCT - Masterclass Diploma

[2011 – 05/2014] **The Kosova Systemic Family Therapy Training Program (May 2010 - May 2014); Joined the Program in the 2nd year.**

International Family Therapy Trainers. Medicor Foundation. Implemented by Kosova Health Foundation.

Address: Prishtinë, Kosovo

Main subject / occupational skills covered:

Phoebe Prosky MSW., Coordinator of the International Family Therapy Trainers.

Dr. Shlomo Ariel, Coordinator of the Kosova Systemic Family Therapy Training.

Implemented by Kosova Health Foundation. Fried Didden, Executive Director.

[16/11/2013 – 17/11/2013] **Certificate of attendance in training: "Neuro-physiology of trauma"**

Diakonie Kosova. Psycho-Social Center for Trauma Therapy.

Address: Mitrovice, Kosovo

- [10/11/2013 – 10/11/2013] **Certificate of Participation. Attended the Inaugural Events of the Kosovo Chamber of Physicians and the 2nd Training Seminar on Physicians' Self-Governance.**
German Medical Association. Supported by the Hans-Neuffer-Foundation. Republic of Kosovo.
Address: Prishtinë, Kosovo
- [2011 – 2012] **Certificate of attendance in the Continuous Professional Development, 2011-2012.**
Ministry of Health, Association of Psychiatrists of Kosova
Address: Prishtinë, Kosovo
- [27/12/2012 – 29/12/2012] **Certificate of participation in training "Trauma Therapy for Children and Adolescents"**
Diakonie Kosova. Psycho-Social Center for Trauma Therapy.
Address: Mitrovice, Kosovo
- [2004 – 06/2011] **Master in Clinical Psychology, June 2011**
University of Prishtina, Department of Psychology
- [05/03/2011 – 06/03/2011] **Certificate of attending seminar on research "Integrating research data into practice II"**
Kosova Health Foundation
Address: Prishtinë, Kosovo
- [06/2010 – 02/2011] **Certificates on participating in 9 modules of Continuous Professional Development, 2010-2011**
Association of Psychiatrists of Kosova. Ministry of Health.
Address: Prishtinë
- [03/12/2010 – 04/12/2010] **Certificate of attending seminar on research "Integrating research data into practice"**
Kosova Health Foundation
Address: Prishtinë, Kosovo
- [13/05/2010 – 13/05/2010] **Certificate of attendance. Adolescent Identity Treatment (AIT). A new treatment approach for adolescents with personality disorders.**
Children for Tomorrow - Kosovo.
Address: Gjakove, Kosovo
Main subject / occupational skills covered:

[03/2009] **Completed a primary training course in Rational-Emotive & Cognitive-Behavioral Theory and Techniques**

Albert Ellis Institute in cooperation with KRCT

Address: Prishtinë

[07/2007 – 10/2007] **Certificate of attendance and of the completion of a 3-months training program on Phenomenology, Etiology and Therapy for Posttraumatic Stress Disorder.**

MIT, LMU, PSZ

Address: Munich, Düsseldorf, Germany

Main subject / occupational skills covered:

A 12-day theoretical training on PTSD at the **Münchener Institut für Traumatherapie** in cooperation with the "Department of Clinical Psychology and Psychotherapy, **Ludwig-Maximilians-Universität München**", as well as a **two-months internship** in the field of Trauma-Counseling and Trauma-Therapy at the **Psychosocial Centre in Düsseldorf**.

[05/2006 – 06/2006] **Certificate of Achievement. Successfully completed the module Psychological Practice With Survivors of Torture and Organised Violence as part of the MSc in Psychology programme at the University of Pristina for the academic year 2005 - 2006.**

MEDICAL FOUNDATION for the care of victims of torture. University of Prishtina.

Address: Prishtinë, Kosovo

[2006] **Attended a three-year training on Cognitive-Behavioral Therapy Skills**

KRCT – Kosova Rehabilitation Centre for Torture Victims in cooperation with EABCT

Address: Prishtinë

[13/05/2005 – 14/05/2005] **Certificate for attending an International Training Seminar on "New Developments in Psychotherapy, Psychosomatic Medicine and Psychiatry" at the Kosova Center for Positive Psychotherapy**

ICPP, WIAP, KAP, KCPP

Address: Prishtinë, Kosovo

[2004 – 2005] **Basic Course in Social Work (60 ECTS Credits), academic year 2004 - 05.**

University of Prishtina, with the support of the World Bank Kosovo Social Protection Project

Address: Prishtinë, Kosovo

[09/2001 – 10/2004] **Bachelor in Psychology**

University of Prishtina

Address: Prishtine, Kosovo

[12/07/2004 – 30/07/2004] **Certificate for completing the course: Dance Technique Class.**

Fourth International Pristina Summer University 2004.

Address: Prishtinë, Kosovo

[03/06/2004 – 06/06/2004] **Certificate that confirms attending an International Training Seminar on "New Developments in Psychotherapy, Psychosomatic Medicine and Psychiatry" at the Kosova Association for Psychotherapy - Prishtina.**

ICPP, Wiesbaden Academy of Psychotherapy, Kosova Association for Psychotherapy

Address: Prishtinë, Kosovo

[15/12/2003 – 19/12/2003] **Certificate on successful completion of the course on "Language Development". Course held by Jihan Emmaya, Speech and language pathologist.**

Department of Psychology, University of Prishtina

Address: Prishtinë, Kosovo

[09/05/2003 – 11/05/2003] **International Training Seminar on "New Developments in Psychotherapy, Psychosomatic Medicine and Psychiatry" at the Kosova Association for Psychotherapy in Prishtina in collaboration with the Centre for Stress Management and Education in Gjakova**

Address: Prishtinë, Kosovo

[20/05/2002 – 24/05/2002] **Training Course: Introduction to correlation and regression (12'5 hours) and Training Course: Overview of psychometrics: classical and new approaches (12'5 hours)**

The Faculty of Philosophy of University of Prishtina and the Institute Joan Lluís Vives

Address: Prishtinë, Kosovo

LANGUAGE SKILLS

Mother tongue(s): Albanian

Other language(s):

Croatian

LISTENING C2 READING C2 WRITING C2

SPOKEN PRODUCTION C2 SPOKEN INTERACTION C2

English

LISTENING C2 READING C2 WRITING C2

SPOKEN PRODUCTION C2 SPOKEN INTERACTION C2

German

LISTENING B1 READING B1 WRITING A2

SPOKEN PRODUCTION B1 SPOKEN INTERACTION B1

Italian

LISTENING B1 READING B1 WRITING B1

SPOKEN PRODUCTION B1 SPOKEN INTERACTION B1

PUBLICATIONS

Publications

[2019]

Ahmeti Pronaj, A., & Berisha Avdiu, V. (2019). Challenges in Supervision in Family-Oriented Approaches in Prishtina, Kosova: Meta-Talk, Peer Support, and Co-Supervision as Partial Solutions. In L. L. Charlés & Th. S. Nelson (Eds.), Family Therapy Supervision in Extraordinary Settings. Illustrations of Systemic Approaches in Everyday Clinical Work (pp. 118-127). Routledge.
<https://doi.org/10.4324/9781351063029>

[2019]

Arenliu, A., Shala-Kastrati, F., Berisha Avdiu, V., & Landsman, M. (2019). Posttraumatic growth among family members with missing persons from war in Kosovo: Association with social support and community involvement. OMEGA-Journal of Death and Dying, 80(1), 35-48.
<http://doi.org/10.1177/0030222817725679>

[2013]

Goçi-Uka, A., Deva, U., Berisha-Avdiu, V., Lumezi, B., Qosaj, D., Hoxha, B. Psychometric properties of the Albanian AIDA version in a Kosovar school sample. Eur Child Adolesc Psychiatry (2013) 22 (Suppl 2): S 87-S313.

NETWORKS AND MEMBERSHIPS

Memberships

Kosovo Chamber of Physicians, since 2013 – 2017.

November, 2005 – present: Member of the Albanian League of Psychiatry

February, 2002 – February, 2004: Member of the Student's Board – KOAPS (Kosovar Association of Psychology Students).

CONFERENCES AND SEMINARS

Conferences

[14/12/2021 – 14/12/2021] **"Challenges in Mental Health"** Prishtinë, Kosovo

Organized by the Kosovar Association of Psychiatrists.

[27/10/2021 – 27/10/2021]

"Psychological and Social Perspective on Mental Health during Pandemics COVID-19"

Prishtine

Organized by the Kosova Psychologists Association and Terre des hommes - Kosovo (TDH) Child Protection Hub.

[14/10/2021 – 14/10/2021]

22nd Anniversary of KRCT Conference. Intergenerational Trauma: Research based on facts about transgenerational trauma, psychological and social impact of trauma

Lipjan

[25/10/2019 – 25/10/2019] **"Perspectives and Challenges in Trauma Therapy"** Mitrovicë

Organized by Diakonie Kosova. Psycho-Social Center for Trauma Therapy.

[13/10/2018 – 13/10/2018] **International Conference: "Health Professional – Patients and Their Rights"**

Prishtinë

Organized by the Patients' Rights Association in Kosova and accredited by the Kosovo Doctors Chamber (*Oda e Mjekëve të Kosovës*).

[15/09/2018 – 15/09/2018]

The 9th International Symposium of Health Sciences on the topic of "Health and Social Rehabilitation: A Multidisciplinary Approach"

Prishtinë

Organized by the *Instituti i Evropës Juglindore për Politikë Shëndetësore dhe Sociale* and *Heimerer College*.

- [26/05/2017 – 26/05/2017] **A scientific symposium: “Mental Health – Challenge of Public Health”**
Prishtinë
National Institute of Public Health of Kosova and the Swiss Institute for Albanian Studies.
- [06/10/2016 – 08/10/2016]
The 7th International Symposium of Health Sciences with a topic: “Advancing Health through Client Centered Approach”.
- [14/09/2016 – 16/09/2016]
The 20th European IAAH Congress with main topic “Social Media and Adolescents’ Health”
Prishtinë
Organized by IAAH (International Association for Adolescent Health), ShKo-PA-M’Sha and GUH, supported by MoH, MEST, MYCS, Qeap-Heimerer, AQH, in close collaboration with UNFPA and WHO offices in Prishtina and accredited by Ministry of Health based on AI. 01/2013.
- [03/06/2016 – 04/06/2016] **The Seventh National Conference “Ethics and Psychiatry”** Prishtinë
Organized by the Albanian League of Psychiatry.
- [13/05/2016 – 13/05/2016] **"Families, Healthy Living and a Sustainable Future"**
The Family Therapy Conference in Prishtinë, organized by the Kosovo Association for Family Therapy.
AAB College.
- [15/05/2015 – 15/05/2015] **The First Conference of Family Therapy** Prishtinë
Organized by the Kosovo Association for Family Therapy.
- [25/11/2011 – 27/11/2011]
The Fourth National Conference of the Albanian League of Psychiatry with a topic: “Psychotic Disorders – from Theory to Practice”
Prishtinë
- [23/04/2010 – 24/04/2010]
Presented on the topic "Attachment based intervention for parents of children with special needs".
Tirana, Albania
The third Conference organized by the Albanian League of Psychiatry, with topic: "Anxiety Disorders".

[06/05/2009 – 08/05/2009]

"Towards Effective Prevention of Suicide and Self-Harm Among the Youth in Kosovo"

Prishtine

An International Scientific Conference organized by the Foundation "Together" – The Regional Centre for the Psychosocial Welfare of Children in cooperation with The Office of the Prime Minister, The Ministry of Foreign Affairs of Slovenia, American Embassy of Kosovo, Department of Psychology, University of Prishtina.

[25/04/2008 – 26/04/2008] **"Psychiatry and Society"** Prishtine

The second National Conference organized by the Albanian League of Psychiatry.

[19/11/2007 – 21/11/2007]

"Prevention of Suicide Behavior Among Youth of Kosovo - Challenge or Chance?"

Prishtine

The International Scientific Conference was organized by the Foundation "TOGETHER" - Regional Centre for Psychosocial Well-being of Children from Ljubljana (Slovenia), supported by The Ministry of Foreign Affairs of the Republic of Slovenian, The WHO office in Prishtina and the Embassy of US in Slovenia.

[06/09/2007 – 08/09/2007]

"1. Kongress der transkulturellen Psychiatrie im deutschsprachigen Raum: Von Gemeinsamkeiten und Unterschieden"

Witten, Germany

St. Marien-Hospital Hamm, Universität Witten/Herdecke, Heinrich-Heine Universität Düsseldorf, Medizinische Universität Wien.

[18/08/2007 – 18/08/2007]

"Begutachtung psychisch reaktiver Traumafolgen in aufenthaltsrechtlichen Verfahren bei Erwachsenen"

Düsseldorf, Germany

Psychotherapeuten

Kammer NRW

[29/09/2006 – 30/09/2006] **"Suicide"** Tirana, Albania

The first National Conference organized by the Albanian League of Psychiatry.

[01/12/2005 – 02/12/2005] **Kosovar Family. Professional and Educational Cooperation.** Prishtine

Kosovar Psychiatrists Association

Institute for Mental Health and Recovery of Kosovo

With presence of colleagues from USA.

RECOMMENDATIONS

Dr. Moshe Landsman: moshel99@gmail.com

Dr. Mimoza Shahini: mimoza.shahini@gmail.com